

LCD ENTERTAINMENT

Personal entertainment keeps users coming back

Entertainment greatly improves usage by exercisers compared to similar equipment without entertainment. Plus, personal entertainment for each exercise station is proven to be significantly more popular than wall-mounted TVs*. And when it comes to personal entertainment, no one does it like Life Fitness. We combine the best in LCD technology with the legendary performance and durability of our cardio equipment to give users what they want — workouts that don't feel like work. From the highly advanced E³ Integrated LCD™ with Touch Screen Technology to the LCD Entertainment System, only Life Fitness provides a single source to deliver both integrated and attachable LCD products to meet every need.

Choose from our collection of LCO personal entertainment solutions:



E³ INTEGRATED LCD™ SYSTEM WITH TOUCH SCREEN TECHNOLOGY

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ATTACHABLE LCD WITH E-Z™ TV CONSOLE

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ATTACHABLE LCD ENTERTAINMENT SYSTEM

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LCD ENTERTAINMENT SYSTEM

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*Fitness Management, January 2005



95Te E³ Integrated LEO" System









□ *E³ Integrated LCO[™] System with Touch Screen Technology*

Exercise, entertainment and education — this all-in-one LCD system provides the ultimate workout experience. Featuring a bright, clear Sharp® LCD screen powered by an Intel® microprocessor, it is the most advanced console in the fitness industry. The E³ Integrated LCD System comes standard on all Life Fitness 97 and 95 "e" models.

Performance Features



ULTIMATE WORKOUT EXPERIENCE

The LCD screen shows only relevant workout data, and users can choose their preferred size of entertainment screen and workout data display. Facility managers can choose from 13 languages to ensure that users enjoy an intuitive workout experience in their preferred language.



PREMIUM ENTERTAINMENT

Selecting a TV station from the "Favorites" menu, accessing FM Radio (additional equipment required), and changing channels or volume is as easy as using a home TV or stereo remote control.



EDUCATION

Easy-to-access descriptions educate users on each workout activity, helping them select the exercise program that best matches their personal goals.



INTELLIGENT DESIGN

The streamlined industrial design creates a premium appearance. The console's touch screen is built right into our cardio machines, and the screen's ergonomic positioning reduces glare.



DURABLE INSIDE AND OUT

The Sharp® LCD screen includes a protective layer that extends its life by eliminating direct user contact. Internally, integrated shock mounts protect the screen from vibration and movement, and a watertight seal prevents moisture from permeating the console.



FACILITY-SPECIFIC PROGRAMMING

Facility managers can use the intuitive Manager's Configuration to tailor the console display to meet the specific needs of both the facility and its users. Customize a password-protected Secure Channel for your facility's exclusive use, and use the Promo Channel to announce your upcoming programming and promotions. Also, managers can preset the TV to list Favorite Channels on-screen, while personal trainers can create and save workouts using the Custom Workouts feature.

HIGHLIGHTED FEATURE



TOUCH SCREEN TECHNOLOGY



Oversized touch screen buttons make it easy to manage workouts and change channels.

E³ Integrated LEO[™] System with Touch Screen Technology

Special Features

The E³ Integrated LCD™ System with Touch Screen Technology comes standard with a number of special features to provide your users with the ultimate workout experience.



QUICK START

One touch Start button on the "Welcome" screen provides the fastest route to working out.



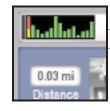
GO SYSTEM™ BUTTONS

Users can begin a workout by pushing just one button of the Go System, which includes Walk (3 mph), Jog (5 mph), and Run (7 mph) buttons. A "Set" button allows users to modify speed settings (returns to default setting at the end of the workout). Enables easy interval training. Available only on 97Te and 95Te models.



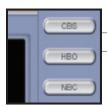
PROMO CHANNEL*

Allows facilities to broadcast promotional content to users within their facility.



MINI WORKOUT DISPLAY

Users can see workout profile and monitor workout progress while they view entertainment.



FAVORITE CHANNELS

Users can easily choose from a list of facility-selected TV channels.



SECURE CHANNEL*

Password-protected channel allows user to watch live video content, such as child care areas, provided by facility-installed camera(s).

*Additional equipment required



USER LANGUAGE SELECT

Facility managers can select from up to 13 languages so users can workout in their preferred language. Languages include English, Spanish, Portuguese, Italian, French, German, Dutch, Russian, Traditional Chinese, Simplified Chinese, Japanese, Turkish and Korean.



FM RADIO*

Integrated tuner allows exercisers to listen to FM radio programming during their workout.



CUSTOM WORKOUTS

Users can access trainer-defined cardio programs to help them reach their fitness goals.

Additional Features

MANAGER'S CONFIGURATION

Easy-to-program product features to meet the needs of both the facility and the users.

USER UNIT SELECTION

Displays workout data in US or Metric (mph/kph, lbs/kg)

MANUAL FINE TUNING

Facilities can set any desired TV frequency

SECONDARY AUDIO PROGRAM (SAP)

Users can watch TV programs in an alternate language (Requires SAP TV broadcast)

CHANNEL RENUMBERING

Facilities can organize TV channels in preferred order

MARATHON MODE

Allows unlimited workout time

ASSET MANAGER AND ADVANCED DIAGNOSTIC

Tracks equipment usage rates

HEADPHONE JACK REPLACEMENT

Remove with only a single screw

LOW START-UP RESISTANCE LEVEL

Enables deconditioned users to start easily











□ Attachable LEO with F-Z TV "Console

The attachable LCD entertainment screen and E-Z TV[™] Console for the Life Fitness 95 and 97 models feature a built-in TV controller with no external remote control for a clean, streamlined look.

Performance Features

ADVANCED TECHNOLOGY

No one but Life Fitness has an attachable Sharp® LCD screen that provides bright, clear images with an exclusive and unique in-console numeric TV controller.

EASY TO INSTALL

The screen simply mounts on the machine, and there's no external remote control to attach.

SOPHISTICATED DESIGN

This attachable solution complements the Life Fitness design language for a consistent, streamlined appearance. The in-console controls create an exceptionally clean look, and the screen is positioned to reduce glare and provide optimal viewing.

DURABILITY

Get the Life Fitness quality you expect, plus there's a protective layer that shields the screen from moisture and rough use to help assure years of durability.

HIGHLIGHTED FEATURE

ENHANCED WORKOUT EXPERIENCE



Easy-to-use, in-console controls similar to those on a home TV remote control enhance the user experience. In addition to volume control buttons, a previous channel viewed button, and up and down arrows for channel scrolling, there is numeric channel selection.



Attachable LCO Entertainment System

This system includes an LCD screen and numeric remote control with multiple mounting options, making it easy to add personal entertainment to new Life Fitness 90, 91, and 93 models or to most existing Life Fitness cardio machines with LED universal consoles.

Performance Features

TIME-TESTED TECHNOLOGY

The numeric remote control is easy to use, with buttons similar to those on home TV remote controls.

SMART DESIGN

The system is designed to complement Life Fitness equipment and features a screen positioned to reduce glare and provide optimal viewing.

HIGHLIGHTED FEATURE

MULTIPLE MOUNTING OPTIONS





The numeric remote comes with multiple mounting options, including a clamp, cable ties, and Velcro®. A unique rotating mechanism allows the installer to ensure ideal positioning for the user.



ICO Fotertainment System

Add personal entertainment in minutes to earlier generation[†] Life Fitness cardio machines or any other brand. This freestanding system includes a screen stand, LCD screen and numeric remote control with multiple mounting options.

Performance Features

UNIVERSAL FIT

The system works with virtually any cardio equipment — just position the stand in front of the machine and adjust the height and angle of the LCD screen to the ideal position.



SIMPLE AND SLEEK

The clean design complements the look of a wide range of cardio equipment.



MULTIPLE MOUNTING OPTIONS

The numeric remote comes with multiple mounting options, including a clamp, cable ties, and Velcro®. A unique rotating mechanism allows the installer to ensure ideal positioning for the user.



I I I I I I I I I I I I I I I I I I I								
LCD Technology • Standard	I ○ Optional — Unavailable	97Te	97Ti	95Te	95Ti	93T	91Ti	90T
TREADMILLS								
Entertainment Solution Type								
E3 Integrated LCD™ System with Touch Screen Technolog	У	•	-	•	-	-	-	-
Attachable LCD with E-Z TV™ Console		_	0	_	0	-	-	-
Attachable LCD Entertainment System*		-	0	_	0	0	0	0
				95Xe	95Xi	93X	91X	90X
CROSS-TRAINERS								
Entertainment Solution Type								
E³ Integrated LCD™ System with Touch Screen Technolog	У			•	-	-	-	_
Attachable LCD with E-Z TV™ Console				_	0	-	-	-
Attachable LCD Entertainment System*				_	0	0	0	0
					95Ce	95Ci	93C	90C
UPRIGHT LIFECYCLE EXERCISE BIKES								
Entertainment Solution Type								
E ³ Integrated LCD™ System with Touch Screen Technolog	У				•	-	-	-
Attachable LCD with E-Z TV™ Console					_	0	_	_
							_	
Attachable LCD Entertainment System*					-	0	0	0
Attachable LCD Entertainment System*					- 95Re	-		
Attachable LCD Entertainment System* RECUMBENT LIFECYCLE EXERCISE BIKES					95Re	0	0	0
RECUMBENT LIFECYCLE EXERCISE BIKES Entertainment Solution Type					95Re	0	0	0
RECUMBENT LIFECYCLE EXERCISE BIKES Entertainment Solution Type E³ Integrated LCD™ System with Touch Screen Technolog	V				95Re	0	0	0
RECUMBENT LIFECYCLE EXERCISE BIKES Entertainment Solution Type E³ Integrated LCD™ System with Touch Screen Technolog Attachable LCD with E-Z TV™ Console	у					95Ri	93R	90R
RECUMBENT LIFECYCLE EXERCISE BIKES Entertainment Solution Type E³ Integrated LCD™ System with Touch Screen Technolog	у				•	95Ri	93R	90R
RECUMBENT LIFECYCLE EXERCISE BIKES Entertainment Solution Type E³ Integrated LCD™ System with Touch Screen Technolog Attachable LCD with E-Z TV™ Console	У				•	95Ri	93R - -	90R
RECUMBENT LIFECYCLE EXERCISE BIKES Entertainment Solution Type E³ Integrated LCD™ System with Touch Screen Technolog Attachable LCD with E-Z TV™ Console Attachable LCD Entertainment System*	У				•	95Ri	93R	90R
RECUMBENT LIFECYCLE EXERCISE BIKES Entertainment Solution Type E³ Integrated LCD™ System with Touch Screen Technolog Attachable LCD with E-Z TV™ Console Attachable LCD Entertainment System* STAIRCLIMBERS	у				•	95Ri	93R	90R
RECUMBENT LIFECYCLE EXERCISE BIKES Entertainment Solution Type E³ Integrated LCD™ System with Touch Screen Technolog Attachable LCD with E-Z TV™ Console Attachable LCD Entertainment System*					•	95Ri	93R	90R
RECUMBENT LIFECYCLE EXERCISE BIKES Entertainment Solution Type E³ Integrated LCD™ System with Touch Screen Technolog Attachable LCD with E-Z TV™ Console Attachable LCD Entertainment System* STAIRCLIMBERS Entertainment Solution Type					• - - 95Se	95Ri	93R 	90R

[†] Models manufactured prior to the development of the Life Fitness LED universal console.

For complete cardio product and LCD Entertainment Solutions information, see specifications beginning on page 38.

LCD screen, numeric remote, flexible mounting options (clamp, cable ties, and Velcro®). Available for new 90, 91 and 93 models. Available for previously-purchased 90, 91, 93, 95 and 97 Life Fitness cardio machines with LED universal console displays (models include current silver/gray 90 Series and prior-generation black/gray models).



KEY:		
 Standard 	Optional	- Unavailable

	E3 Integrated LCD System with Touch Screen Technology	Attachable LCD with EZ-TV Console	Attachable LCD Entertainment System	LCD Entertainmer System
DISPLAY	37			
12.1" Diagonal Sharp® LCD Touch Screen	•	_	_	_
Attachable 12.1" Diagonal Sharp® LCD Screen	_	•	•	•
TV Viewing Options				
- Full screen or partial screen with workout data	•	_	_	_
- Full screen	_	•	•	•
SPECIAL FEATURES				
Intel® Microprocessor	•	_	_	_
FM Radio-ready	•	_	_	_
Go System (Walk-Jog-Run) for Treadmills	•	_	_	_
Manager Defined Marathon Mode (unlimited workout time)	•	_	_	_
Manager Defined/User-Selected Languages: English, Spanish, Portuguese, Italian, French,				
German, Dutch, Russian, Chinese (traditional and simplified), Japanese, Turkish and Korean	•	_	_	_
User Units Selection (mph/kph and lbs/kg)	•	_	_	_
Favorite Channels	•	_	_	-
Custom Workouts	•	_	_	_
Promo Channel	•	_	_	_
Secure Channel	•	_	_	_
Workout Program Descriptions	•	_	_	_
Manager's Configuration	•	_	_	_
Quick Start	•		_	_
Mini-Workout Display	•		_	_
CSAFE-Ready	•		_	_
Asset Management and Advanced Diagnostics	•		_	_
Screen Protection: Protective top layer, internal shock mounts, gasket	•		_	_
Multiple Remote Mounting Options: clamp, rotating mechanism, cable ties, Velcro®	_	_	•	•
TECHNICAL SPECIFICATIONS				
Television System				
- American TV Standard	•	_	_	_
- American TV Standard, NTSC, PAL, SECAM	_	•	•	•
Channel Coverage: VHF 2-13, UHF 14-69, CATV 1-125	•	•	•	•
Manual Fine Tuning	•	_	_	_
International Channel Renumbering	•	_	_	_
Channel Control	_			
- LCD Touch Screen and console	•	_	_	_
- E-Z TV™ Console with in-console remote	_	•	_	_
- External numeric remote	_	_	•	•
Previous Channel Viewed	•	•	•	•
	•		_	_
Secondary Audio Programs (SAP) Headphone Jack: 300mW 3.5 mm Stereo	•	•	•	•
•				•
Headphone Jack Placement - Console	•	•	_	_
- Numeric remote			•	•
Easy-to-Remove Headphone Jack	•	•	•	•
· · · · · · · · · · · · · · · · · · ·	•	•	•	•
Power Requirements - Treadmills: Dedicated 120 volt/60 Hz/20 amp circuit.				
- Other cardio: AC power line 115 volt, 15 amp (voltage may vary outside U.S.)	•	_	_	_
- 100v-240v, 50-60Hz	_	•	•	•
Attachable LCD Dimensions (WxHxD)	_		x 3" (31 cm x 26.	
Attachable LCD Weight	_	10 lbs (4.5 kg)		7 CIII X 7.0 CIII)
Adjustable Stand Height: LCD screen positioning of 44"-72"		_	- 10 ibs (4.5 kg)	•
Stand Weight (without LCD Screen)			_	
Stand Dimensions: 24"L x 24"W x 79"H (61 cmL x 61 cmW x 201 cmH)				27 lbs (12 kg
· · · · · · · · · · · · · · · · · · ·		_	_	
Stand Color Options: Black and gray	_	_	_	•
Remote Color: Gray	_	_	•	•
Cable Management: Cable coverage over base cable exposure	-	_	_	•
Warranty*	•	•		
- Same as host cardio product - 2-years electrical and mechanical parts; 90 days labor			•	•
		_		